

## BXM Expeditions

Who are we?

- -Founded in 2010 with the aim to allow more young people to access the outdoors at a cheaper cost.
- -Working with around 100 schools.
- -Running in excess of 500 expeditions every year with almost 10,000 participants.

www.bxmexpeditions.co.uk



### Bronze DofE



- 4 Sections.
- Personalised to individuals.
- Expedition Section 2 elements
  Training
  Qualifying

## Silver DofE



- 4 Sections.
- Personalised to individuals.
- Expedition Section 3 elements
  Training
  Practice
  Qualifying

## Gold DofE



- 4 Sections.
- Personalised to individuals.
- Expedition Section 3 elements
  Training
  Practice
  Qualifying

## www.dofe.org





Cymraeg Donate eDofE login

Do DofE

Run DofE

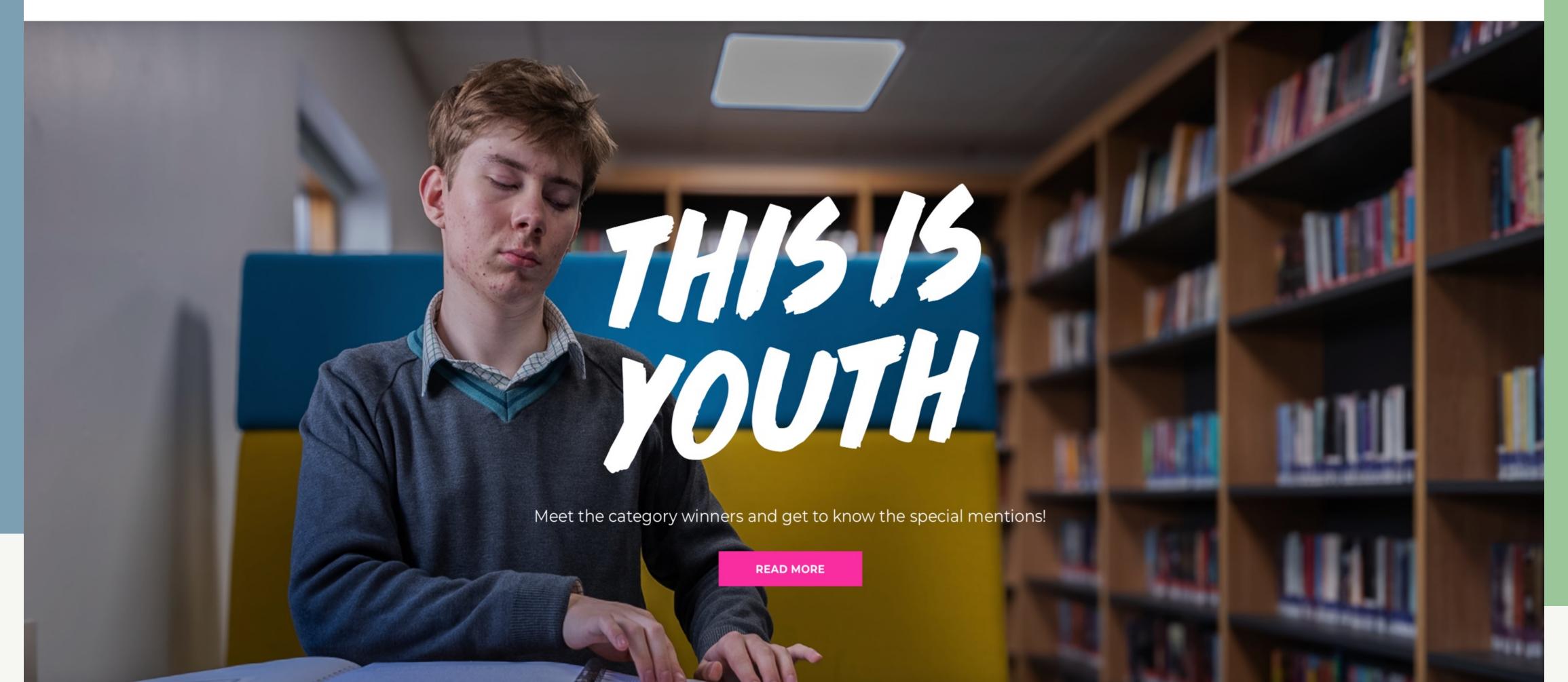
Support DofE

**About DofE** 

Resources & Tools

**DofE Shop** 

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# Expeditions and training (Please see your school for dates)

You must complete both expeditions to be awarded your DofE at any Level. This can also come after an introduction day.

- Introduction day
- Training/Practice
- Qualifier/Assessment

## Expedition Equipment

What do you need?

We will be providing

TENTS

STOVES (WITH GAS)

MAPS

HI VIS



#### Waterproofs, First Aid kit & Headtorch Hat&Gloves **Avango** Mess Tin & Cutlery & Mug Food & Bin Bags 2 water QUAKER kit4 trips bottles (1 Litre each) Sleeping mat Clothing & Wash kit & Camp Shoes Sleeping bag (3 Season) Hiking boots

## Kit List

65 Litre Rucksack	Walking boots
Sleeping bag	Socks (1 pair Per Day
Sleeping Mat	Leg Wear x 2
Headtorch	Base Layer x2
Mess Tin	Mid-layer x 2
Cutlery	2 x Fleece
2 x water Bottles	Hooded Waterproof
First Aid Kit	Waterproof Trousers
Washing up Supplies	Hat (to suit weather)
Wash kit	Gloves (If cold)
Washing up Supplies	Camp Shoes
Rucksack Liner	Watch
5 x Bin Bags	Suncream (If needed)
Compass (Silver & Gold)	





### Food

- 2 hobs per group of 6 or 7
- Groups will only cook in the evening
- If it is cold they will be asked to make something warm in the morning, breakfast or hot drink.
- Lunches and snacks, just think about how it packs.



parents@bxmoutdoors.com Parents of Participants

○►



info@bxmoutdoors.com Everything else

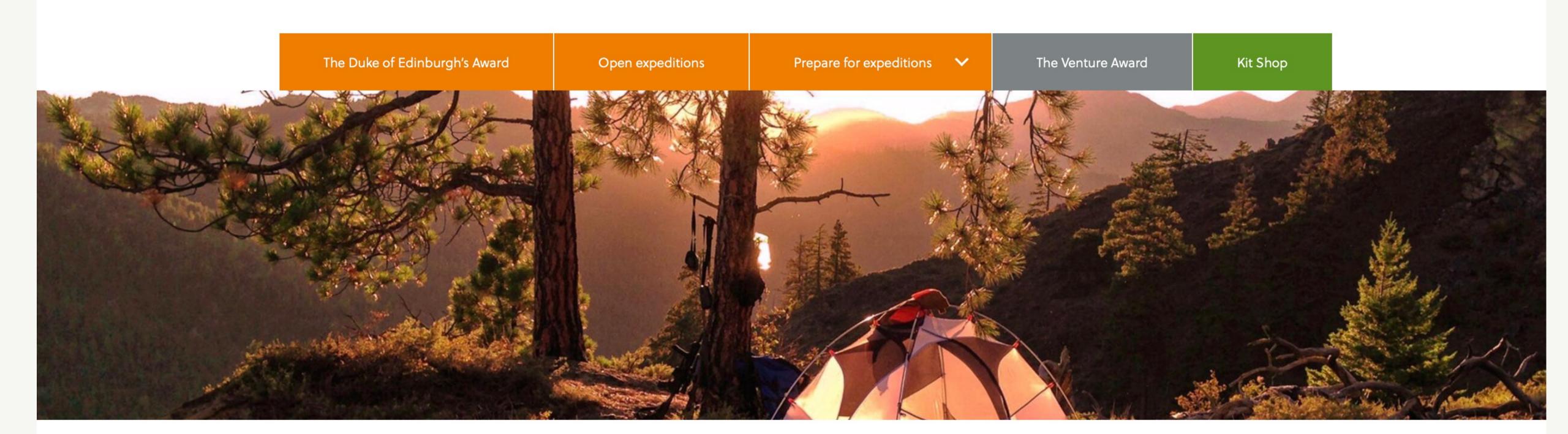
schools@bxmoutdoors.com School DofE Managers

Basket

staffing@bxmoutdoors.com Interested in working in the outdoors



Q Search our website



## Questions?

- www.bxmoutdoors.com / www.bxmexpeditions.co.uk
- www.bxmlearning.co.uk
- parents@bxmoutdoors.com

- www.dofe.org
- www.kit4trips.co.uk

